



WHAT DOES THE
Eucharist

MEAN TO YOU?

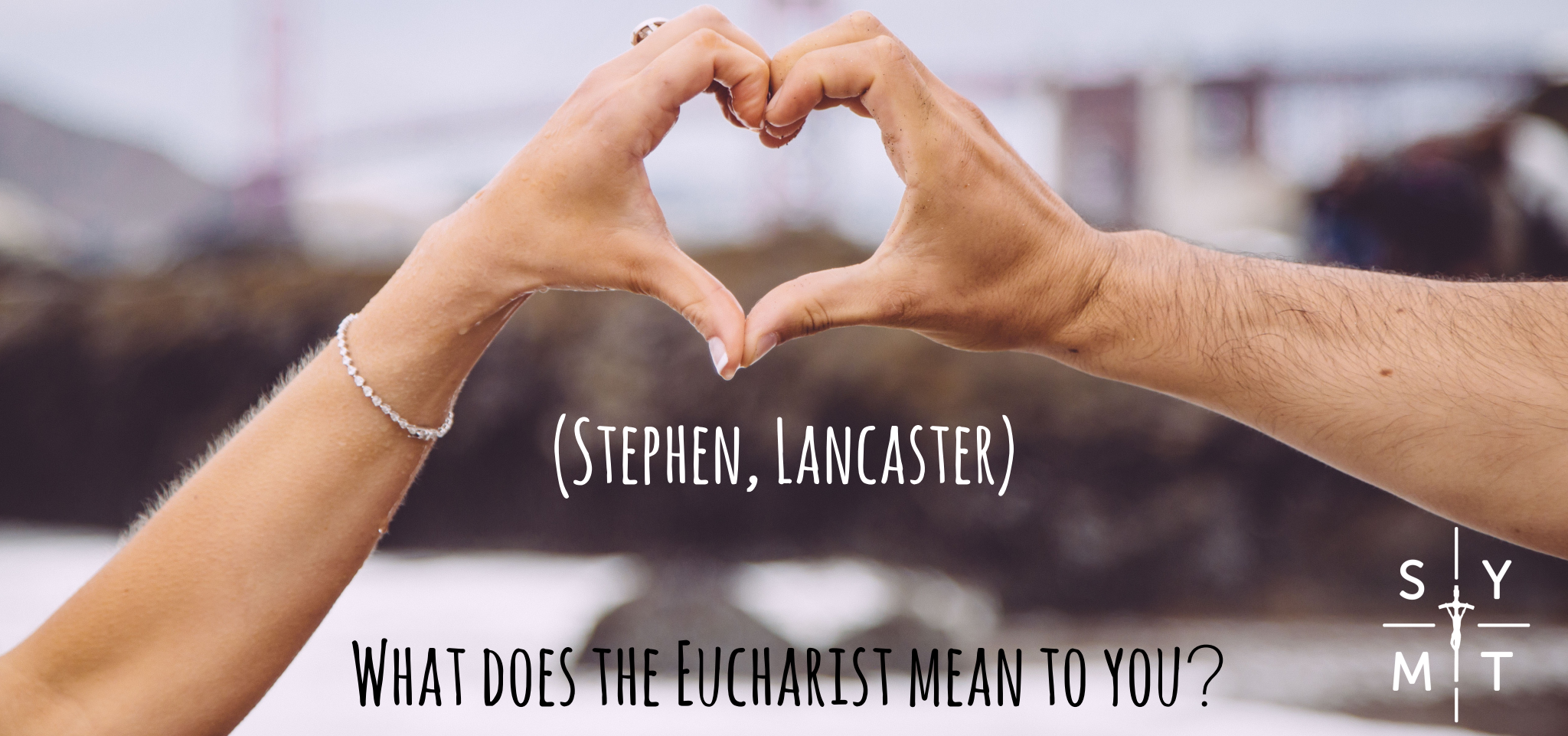
"THE EUCHARIST IS WHAT JOINS ALL
CATHOLICS TOGETHER
AND IS THE FOCAL POINT OF MY FAITH."

(AMY, CHESHIRE)

WHAT DOES THE EUCHARIST MEAN TO YOU?



"JUST ONE WORD:
'love'"



(STEPHEN, LANCASTER)

WHAT DOES THE EUCHARIST MEAN TO YOU?



“IF ANGELS COULD BE JEALOUS OF
MEN, THEY WOULD BE SO FOR ONE REASON:
HOLY COMMUNION.”

(ST MAXIMILIAN KOLBE)



WHAT DOES THE EUCHARIST MEAN TO YOU?



A close-up photograph of a hand holding a small, light-colored ceramic bowl filled with white, round communion wafers. The hand is positioned at the top of the bowl, with fingers visible. The background is a soft, out-of-focus white surface. The text is overlaid on the image in a mix of black, all-caps sans-serif and black, lowercase cursive fonts.

"THE ENTIRETY OF
God's love for me
MANIFESTED INTO SOMETHING I CAN HOLD
IN THE PALM OF MY HAND."

(WYNNONA, NORFOLK)

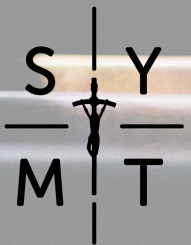
WHAT DOES THE EUCHARIST MEAN TO YOU?



"THE EUCHARIST GIVES US PEACE AND
PRECIOUS SPENT TIME WITH JESUS,
WHICH MONEY CAN'T BUY."

(BRENDAN, IRELAND)

WHAT DOES THE EUCHARIST MEAN TO YOU?





"THE EUCHARIST IS AN ENDEARING

mystery

TRANSCENDING HUMAN UNDERSTANDING."

(SIMEON, BLACKBURN)

WHAT DOES THE EUCHARIST MEAN TO YOU?



“I URGE YOU WITH ALL THE STRENGTH OF MY SOUL
TO APPROACH THE EUCHARIST TABLE
AS OFTEN AS POSSIBLE. FEED ON THIS

Bread of the Angels

FROM WHICH YOU WILL DRAW THE STRENGTH TO FIGHT
INNER STRUGGLES.”

(BLESSED PIER GIORGIO FRASSATI)

WHAT DOES THE EUCHARIST MEAN TO YOU?



"THE SOURCE AND
SUMMIT OF MY

FAITH;

ALL FLOWS FROM IT,
AND ALL LEADS
UP TO IT."

(FR CHRIS, GEORGIA, USA)

WHAT DOES THE EUCHARIST MEAN TO YOU?



"THE BEATING
heart of Jesus,

FREELY GIVEN TO ME."

(OLIVIA, IRELAND)

WHAT DOES THE EUCHARIST MEAN TO YOU?



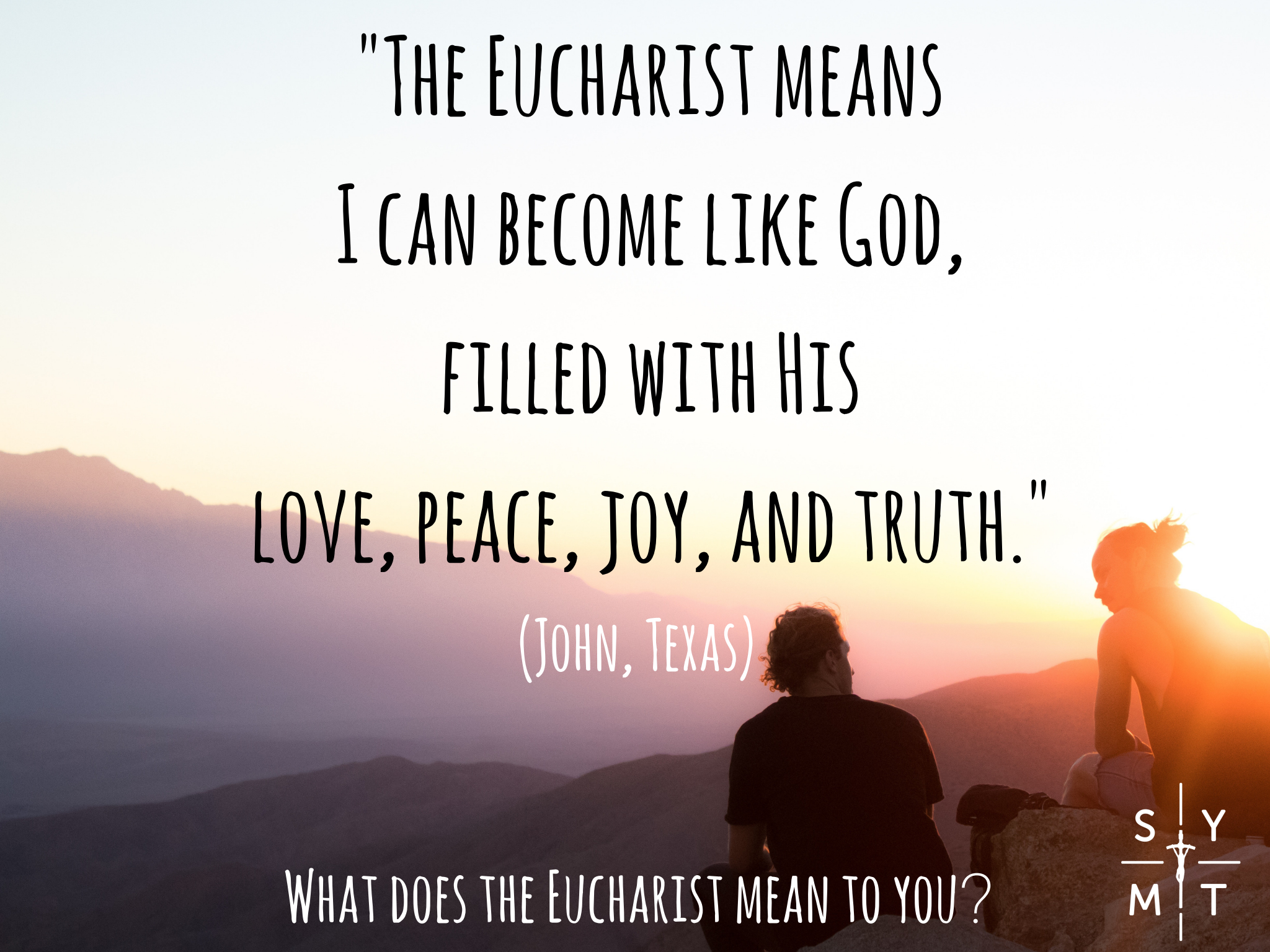


"THAT WHICH DWELLS IN THAT TABERNACLE
IS THE REASON FOR MY ENTIRE EXISTENCE,
every beat of my heart,
EVERY REASON FOR ME TO LIVE."

(NICHOLA, BLACKPOOL)

WHAT DOES THE EUCHARIST MEAN TO YOU?



A person is sitting on a rock, looking out over a sunset over mountains. The sun is low on the horizon, creating a warm, golden glow. The person's silhouette is visible against the bright light of the sun.

"THE EUCHARIST MEANS
I CAN BECOME LIKE GOD,
FILLED WITH HIS
LOVE, PEACE, JOY, AND TRUTH."

(JOHN, TEXAS)

WHAT DOES THE EUCHARIST MEAN TO YOU?

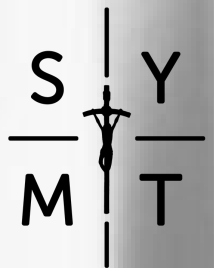


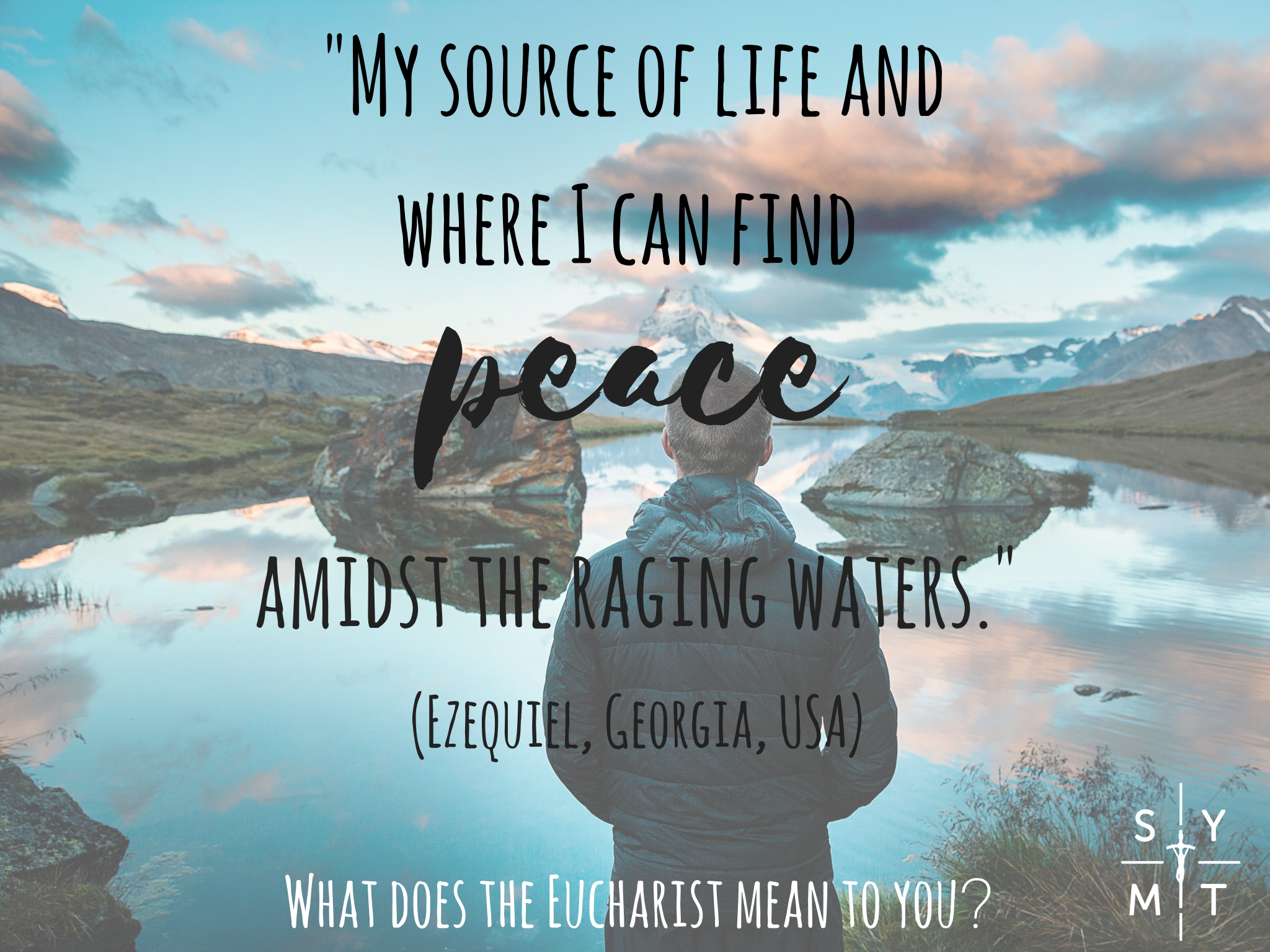
"IN EACH OF OUR LIVES JESUS COMES AS
the Bread of Life
TO BE EATEN, TO BE CONSUMED BY US.

THIS IS HOW HE LOVES US."

(ST TERESA OF CALCUTTA)

WHAT DOES THE EUCHARIST MEAN TO YOU?





"MY SOURCE OF LIFE AND
WHERE I CAN FIND
peace
AMIDST THE RAGING WATERS."

(EZEQUIEL, GEORGIA, USA)

WHAT DOES THE EUCHARIST MEAN TO YOU?



"THE EUCHARIST IS THE REASON

*I live, & move
& having my being.*

IT'S MY COMFORT, MY LIGHT & MY HELP."

(MARIA, LONDON)

WHAT DOES THE EUCHARIST MEAN TO YOU?



"THE EUCHARIST IS
JESUS LOVING ME."

(SR COLLEEN, IRELAND)

love

WHAT DOES THE EUCHARIST MEAN TO YOU?



"THE EUCHARIST IS MY STRENGTH,
MY SOURCE OF ENERGY.



WHEN I'M LOW THE PHYSICAL ACT OF
PARTICIPATING IN THE EUCHARIST FEELS
LIKE I'M OPENING THE DOORS FOR CHRIST."

(SAMANTHA, BAHRAIN)

WHAT DOES THE EUCHARIST MEAN TO YOU?



"THE EUCHARIST IS
HIS HOLY PRESENCE
AMONG US,
THAT GIVES THE
SOUL NUTRIENTS...




...WHICH SPARK A
STRENGTH TO
CONTINUE
AS CHRISTIANS NO
MATTER WHAT MAY
BE."

(SINEAD, MANCHESTER)

WHAT DOES THE EUCHARIST MEAN TO YOU?

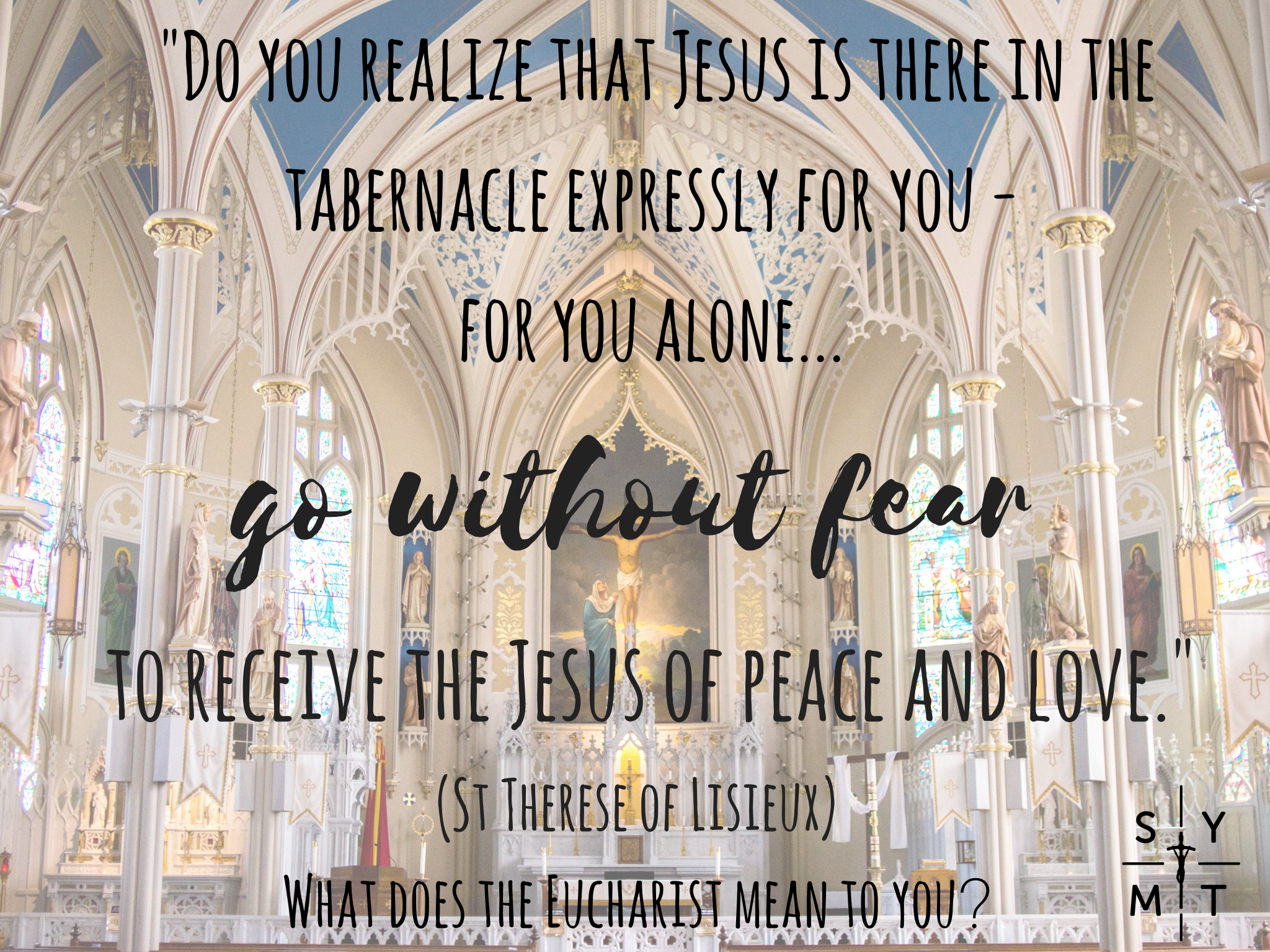




"THE EUCHARIST ENABLES
JESUS TO ENTER HUMAN LIVES
AND EXPERIENCE
peace and love
THAT NO OTHER FORCE
CAN PROVIDE."
(CLERIN, LANCASTER)

WHAT DOES THE EUCHARIST MEAN TO YOU?





"DO YOU REALIZE THAT JESUS IS THERE IN THE
TABERNACLE EXPRESSLY FOR YOU -
FOR YOU ALONE...

go without fear
TO RECEIVE THE JESUS OF PEACE AND LOVE."

✠ (ST THERESE OF LISIEUX)

WHAT DOES THE EUCHARIST MEAN TO YOU?

S | Y
— | —
M | T



"THE EUCHARIST

MEANS THAT IF

GOD CAN GIVE HIS

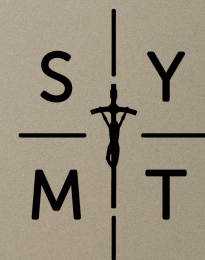
LIFE FOR ME ...

... THEN I CAN GIVE

MY LIFE FOR HIM!"

(RACHEL, ALABAMA)

WHAT DOES THE EUCHARIST MEAN TO YOU?



"DURING THE EUCHARIST,
*Jesus stoops down
to meet me
here on Earth*
AND THROUGH IT,
I AM DRAWN CLOSER TO HIM."

(ROBERT, CHESHIRE)

WHAT DOES THE EUCHARIST MEAN TO YOU?



"Emmanuel
GOD WITH US."

(SINAN, LONDON)



WHAT DOES THE EUCHARIST MEAN TO YOU?



A photograph of a priest in white and gold vestments, seen from the side, holding a silver lantern. In the foreground, a golden monstrance is prominently displayed. The background is a blurred church interior with warm lighting.

"A DIRECT AND
REAL CONNECTION
WITH THE RISEN CHRIST."

(FR PAUL, CUMBRIA)

WHAT DOES THE EUCHARIST MEAN TO YOU?



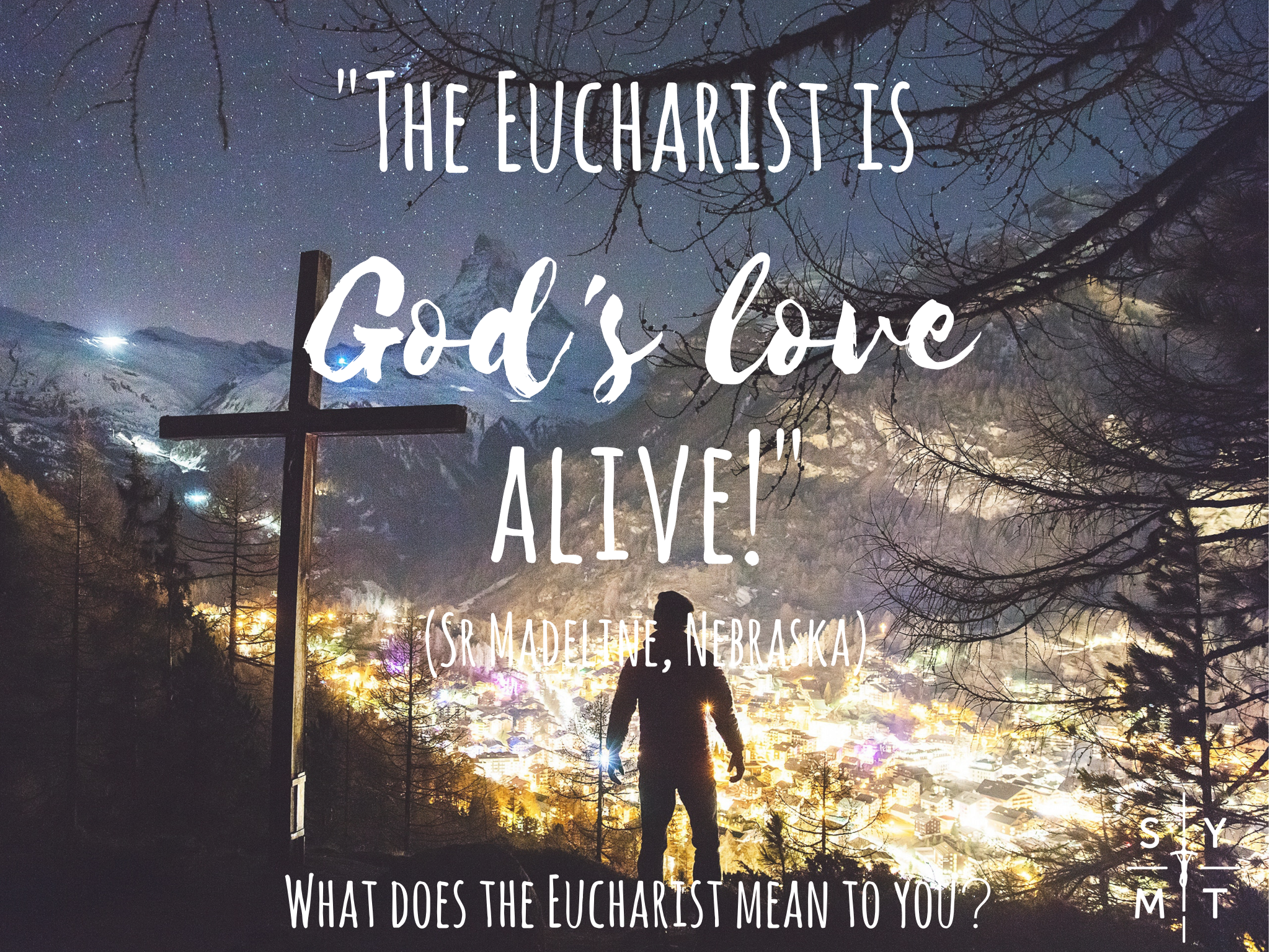


"THE EUCHARIST IS
intimacy"

(PASCHAL, LONDON)

WHAT DOES THE EUCHARIST MEAN TO YOU?





"THE EUCHARIST IS
God's love
ALIVE!"

(SR. MADELINE, NEBRASKA)

WHAT DOES THE EUCHARIST MEAN TO YOU?



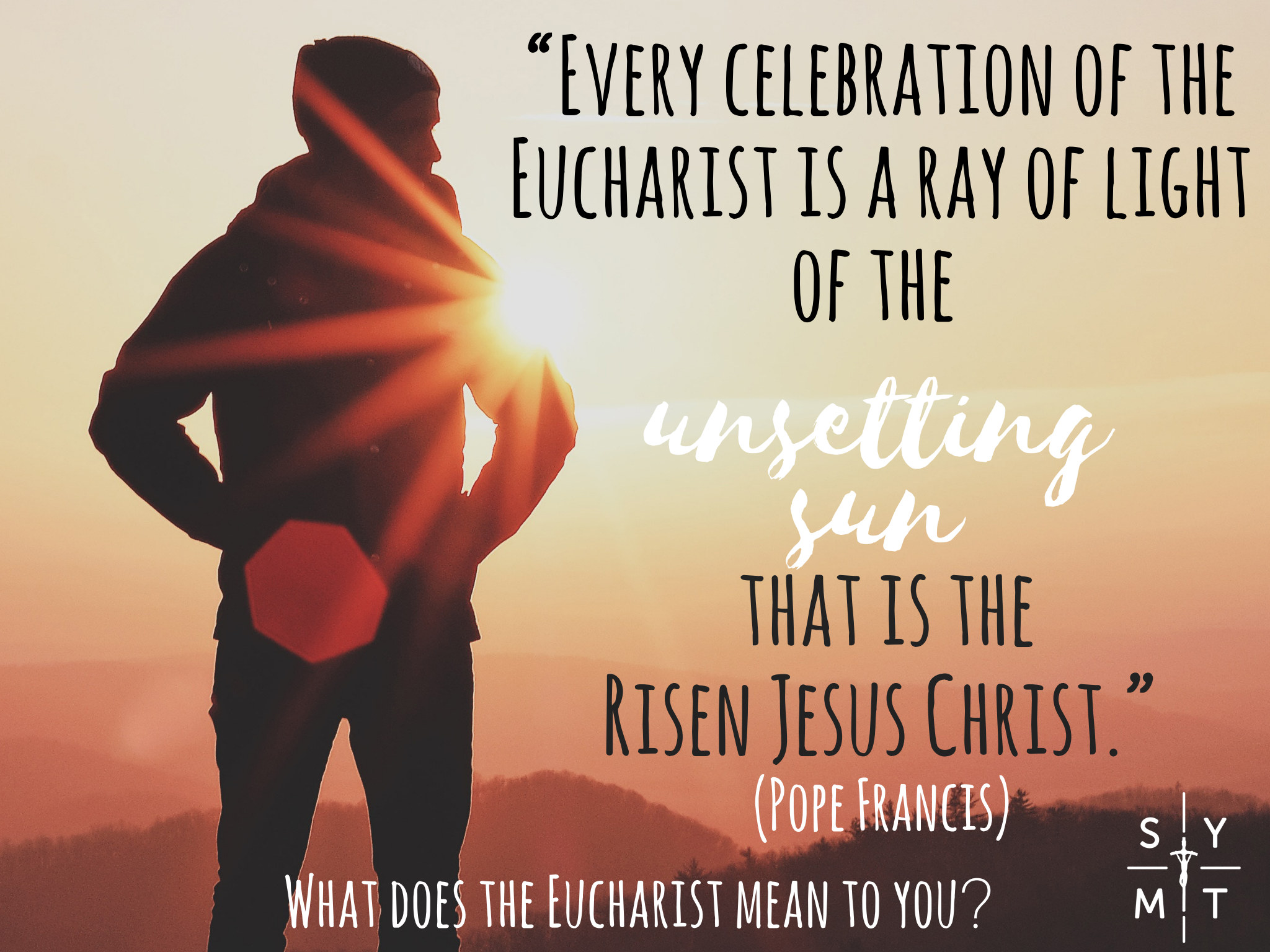
"LOVE HIMSELF DESIRES
ALL OF ME.

I AM FULLY KNOWN
AND FULLY LOVED."

(RACHEL, USA)

WHAT DOES THE EUCHARIST MEAN TO YOU?





“EVERY CELEBRATION OF THE
EUCCHARIST IS A RAY OF LIGHT
OF THE

*unsettling
sun*

THAT IS THE
RISEN JESUS CHRIST.”

(POPE FRANCIS)

WHAT DOES THE EUCCHARIST MEAN TO YOU?



THE HOLY EUCHARIST IS THE SACRAMENT IN WHICH

*Jesus Christ gives
his body and blood*

-HIMSELF-FOR US, SO THAT WE TOO MIGHT

GIVE OURSELVES TO HIM IN LOVE

AND BE UNITED WITH HIM IN HOLY COMMUNION.

(CATECHISM OF THE CATHOLIC CHURCH)

WHAT DOES THE EUCHARIST MEAN TO YOU?

